

## Care Package List for Cancer Support Ministry

- Warm cozy blankets
- Cozy, fuzzy socks
- Soft knit caps/hats
- Soft scarves
- Neck pillows
- Pillows
- Totes or easy to carry bag to hold things needed for treatment visits
- Sanitizing or disinfecting wipes for easy cleaning of surfaces
- Water bottles (reusable) to stay hydrated during treatment
- Unscented, hypoallergenic hand and body soap and lotion (Dr. recommended)
- Lip balm
- Hand sanitizer
- Sunscreen
- Eye drops
- Magazines
- Books/ magazines/puzzle books/ activity books/inspirational booklets, Bibles (for those outside the body)
- Pens, markers
- Note book for journaling
- Music CD's (Inspirational)
- Sermons CD's
- Soft toothbrushes
- Mouth rinse for dry mouth
- Tissues
- Masks
- Cute cups for tea

Snack basket items (Basket is for both patient and the support person)

- Herbal teas
- Skinny pop
- Nuts (No peanuts) Walnuts, almonds, pastachio,
- Veggie straws
- Organic seaweed
- Protein bars
- Breakfast bars
- Welches Fruit snacks (minimal added sugar)
- Chex mix
- Trail mix
- Peanut butter crackers
- Kellogg's Nutri-grain bars
- Pretzels
- Cheez-Its
- Cookies
- Jerky
- Crackers
- Jello
- Pudding
- Fruit cups
- Flavored water
- Juices
- Chocolates
- Granola
- Jerky / beef sticks
- Cheese sticks